

QUALITY OF LIFE ENJOYMENT AND SATISFACTION QUESTIONNAIRE – SHORT FORM\*

(Q-LES-Q-SF)©

Jean Endicott, Ph.D\*\*

This questionnaire is designed to help assess the degree of enjoyment and satisfaction experienced during the past week.

Name \_\_\_\_\_ ID# \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(3-10)+ (11-16)+

Sex: 1 - Male, 2 - Female Age: \_\_\_\_  
(17)+ (18-19)+

Study # \_\_\_\_ Group: \_\_\_\_  
(20-21)+ (22-24)+

(79-80 = DA+)  
6/13/95-R

\* The Short Form of the Q-LES-Q has the same content as the General Activities section of the regular Q-LES-Q.

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+ Key punch: Duplicate on all cards.

## OVERALL LEVEL OF SATISFACTION

Taking everything into consideration, during the past week how satisfied have you been with your...

|   | Very Poor | Poor | Fair | Good | Very Good |       |
|---|-----------|------|------|------|-----------|-------|
| ... physical health?  | 1         | 2    | 3    | 4    | 5         | (125) |
| ... mood?   | 1         | 2    | 3    | 4    | 5         | (126) |
| ... work?   | 1         | 2    | 3    | 4    | 5         | (127) |
| ... household activities?   | 1         | 2    | 3    | 4    | 5         | (128) |
| ... social relationships?   | 1         | 2    | 3    | 4    | 5         | (129) |
| ... family relationships?   | 1         | 2    | 3    | 4    | 5         | (130) |
| ... leisure time activities?  | 1         | 2    | 3    | 4    | 5         | (131) |
| ... ability to function in daily life?  | 1         | 2    | 3    | 4    | 5         | (132) |
| ... sexual drive, interest and/or performance?*   | 1         | 2    | 3    | 4    | 5         | (133) |
| ... economic status?  | 1         | 2    | 3    | 4    | 5         | (134) |
| ... living/housing situation?*  | 1         | 2    | 3    | 4    | 5         | (135) |
| ... ability to get around physically without feeling dizzy or unsteady or falling?*     | 1         | 2    | 3    | 4    | 5         | (136) |
| ... your vision in terms of ability to do work or hobbies?*                             | 1         | 2    | 3    | 4    | 5         | (137) |
| ... overall sense of well being?  | 1         | 2    | 3    | 4    | 5         | (138) |
| ... medication? (If not taking any, check here _____ and leave item blank)              | 1         | 2    | 3    | 4    | 5         | (140) |
| How would you rate your overall life satisfaction and contentment during the past week? | 1         | 2    | 3    | 4    | 5         | (141) |

\* If satisfaction is very poor, poor or fair on these items, please UNDERLINE the factor(s) associated with a lack of satisfaction.

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